

Vegetarian Heartland Plant-Based Recipes from the Midwest



BOOK DETAILS

- Author : Shelly Westerhausen
- Pages : 272 Pages
- Publisher : Chronicle Books
- Language : English
- ISBN : 1452154708

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BOOK SYNOPSIS

Showcasing the heartland dishes we all love made vegetarian, this cookbook provides a literal and visual feast of creative, generous cooking that's born in the traditions of the Midwest but transcends geographic boundaries. Celebrated photographer and blogger Shelly Westerhausen presents 100 wholesome, meatless recipes for everything from drinks to desserts. Thoughtfully organized by the adventures that make a weekend special—picnics, brunch, camping and more—this gloriously photographed book will inspire folks to eat well, wherever their vegetarian ventures lead them. Celebrating a fresh perspective in food, here's a new go-to that's perfect for vegetarians and anyone looking for more delicious vegetable-forward meals.

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