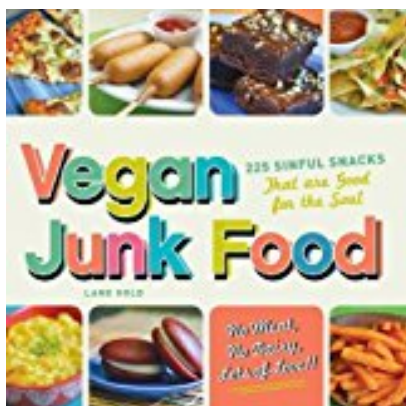


Vegan Junk Food 225 Sinful Snacks that are Good for the Soul



BOOK DETAILS

- Author : Lane Gold
- Pages : 240 Pages
- Publisher : Adams Media
- Language : English
- ISBN : 1440528977



BOOK SYNOPSIS

Did you know that Fruit Loops, Baked Lays Potato Chips, and Cracker Jacks are vegan? Going vegan doesn't mean you have to only eat broccoli and tofu. It doesn't mean you have to eat "healthy" all the time. Most importantly, it doesn't mean you have to give up on eating just for fun. Everyone likes to pig out every now and then and vegans crave salt, sugar, and comfort food just like the rest of us. Vegan Junk Food provides 225 delicious recipes like: Barbecue "Chicken" Pizza; Chocolate Raspberry Muffins; Vegan Whoopie Pies; Hawaiian Rum Cake; "Bacon" Wrapped Water Chestnuts; and Jalapeno Poppers. With 2 inserts of full-colour photos, Vegan Junk Food will have readers hungry for more!

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