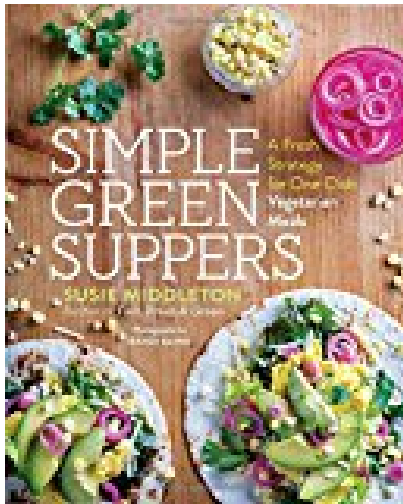


Simple Green Suppers A Fresh Strategy for One-Dish Vegetarian Meals



BOOK DETAILS

- Author : Susie Middleton
- Pages : 272 Pages
- Publisher : Roost Books
- Language : English
- ISBN : 1611803365

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BOOK SYNOPSIS

The ultimate game plan for complete one-dish vegetarian suppers—for anyone aspiring to eat a more plant-based diet. Discover the pro-veggie, pro-flavor way to prepare fresh, healthy, high-quality plant-based dinners. In *Simple Green Suppers*, Susie Middleton demonstrates how to prepare seasonal vegetables in satisfying, filling suppers by pairing them with staple ingredients: noodles, grains, beans, greens, toast, tortillas, eggs, and broth. How you cook your veggies and how you combine them with other satisfying whole foods is the secret to delicious results. With 125 recipes for flavorful and veggie-forward dishes, tips on keeping a flexible and well-stocked pantry, and make-ahead and streamlining strategies, *Simple Green Suppers* is an essential resource that will make cooking delicious, easy vegetarian meals possible every night.

SIMPLE GREEN SUPPERS A FRESH STRATEGY FOR ONE-DISH

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