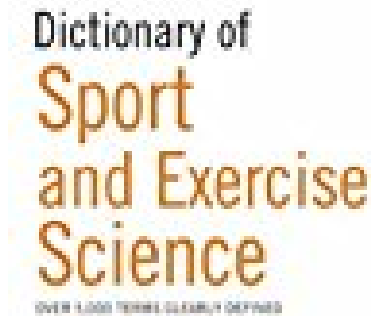
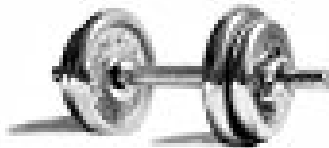


Dictionary of Sports Science



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BOOK SYNOPSIS

Covers all the major areas of sports science and medicine including: anatomy, biomechanics, exercise physiology, nutrition, sports psychology, sports sociology, sports injuries, training principles and techniques, and sports injury and rehabilitation. Updated to incorporate recent advances, for example in the areas of gene technology and drug and doping regulations.

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