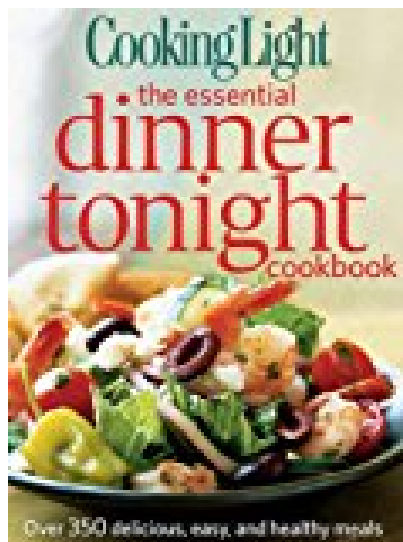


Cooking Light The Essential Dinner Tonight Cookbook Over 350 Delicious Easy and Healthy Meals



BOOK DETAILS

- Author : Cooking Light
- Pages : 416 Pages
- Publisher : Oxmoor House
- Language : English
- ISBN : 0848736443

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BOOK SYNOPSIS

For quick, healthy, no-fuss recipes, home cooks count on Cooking Light The Essential Dinner Tonight Cookbook--the ultimate dinner guide for making, healthy tasty dishes in minutes using game plans, nutritional analyses, and over 350 recipes. Features: Over 350 everyday recipes that are tasty, healthful, and easy-to-make. Over 350 big, bold color images. Each meal comes with a beautiful, brightly colored photograph, showcasing rich, delicious recipes at your fingertips. All entrée recipes are complete with a menu and "serve with" suggestions, along with a detailed and thorough game plan for preparing meals quickly and efficiently.

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